

Gracious Wild: A Shamanic Journey with Hawks

Stacey L. L. Couch



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Gracious Wild is the story of Stacey Couch's incredible journey out of the mundane world of science and reason into the vast shamanic realms of creativity and inspiration. Readers will travel on this intimate exploration of what happens when one woman allows the messengers of nature to guide her. These winged guides wrap her mind up in the mysteries they present, leading her to a richer, more fulfilling life.

Stacey's tale begins on an isolated island where, as a scientist, her main responsibility is to care for a couple dozen foxes in captivity. As a result of a series of ecological tragedies, the fox population is on the verge of extinction and a novel hawk species begins nesting on the island for the first time in recorded history. It is during her time watching the nesting hawks alone in nature that her real quest begins–a series of hawks become her guides; rousing life's biggest questions like "why am I here?"

Gracious Wild weaves Stacey's relationship with the hawks alongside her study of shamanism with a good deal of information included for those seeking more details about this spiritual path.

Stacey's belief is, "that wild animals are trying to speak and interact with us every day. To listen to them is to listen to that which is divine within each of us. Their calls mirror our own inner calling to a greater purpose."

Gracious Wild offers a vivid and candid tale of a woman who loses then rewrites the meaning of her life at the same time showing readers their own humanity; how being open to spirit messages from animals can provide important and beneficial (life-changing) guidance.

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