



# Overcoming Life's Disappointments

*Harold S. Kushner*

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# Overcoming Life's Disappointments

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## **Overcoming Life's Disappointments** Harold S. Kushner

From Harold S. Kushner, author of the inspirational #1 bestseller *When Bad Things Happen to Good People*, comes a book that shows us how to be our best selves even when things don't turn out as we had hoped. Kushner turns to the experience of Moses to find the requisite lessons of strength and faith — the lesson that teach us how to overcome the disappointments that life inherently brings. From the examples of his remarkable resilience, we can learn how to meet all disappointments with faith in ourselves and the future, and how to respond to heartbreak with understanding rather than bitterness and despair. With Kushner's signature warmth, **Overcoming Life's Disappointments** is a book of spiritual wisdom — as practical as it is inspiring.

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