

Clinical Neurotherapy: Chapter Fifteen. Vision Therapy as a Complementary Procedure During Neurotherapy

John K. Nash

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This chapter provides a brief introduction to neurofeedback as practiced by the author, followed by a rather detailed description of vision therapy, which he has found to be an excellent supplement, especially with many cases of attention deficit hyperactivity disorder and traumatic brain injury. The chapter provides basic information about the problems created by impaired control of binocular eye movement, and the use of orthoptic vision therapy to correct functional visual problems such as poor convergence and divergence. Poor binocular control creates problems such as headaches, slowed and inaccurate reading and poor depth perception. Poor depth perception in turn leads to poor sports performance and a self-perception of being "clumsy." Combining challenging and activating tasks, including active listening and vision therapy methods, with neurofeedback during a course of neurotherapy is also addressed, as is how and when to refer to a developmental/behavioral vision specialist (orthoptist).



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