

The Pressure Cooker Cookbook: Homemade Meals in Minutes

Tori Ritchie



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This book offers a collection of recipes and techniques for soul-satisfying meals using a stove-top or electric pressure cooker. The recipes all have the rich, layered flavor of slow-cooked meals, but take a fraction of the time to prepare.

The book begins with a primer on the types of pressure cookers available today and how to use them to achieve the best results. Next are four recipe chapters: Soups & Stews, Beans & Grains, Meats & Poultry, and Vegetables. The back matter offers a visual step-by-step guide on how to prepare pressure-cooked meals, and serving suggestions make it easy to pair the main course with tasty sides and other accompaniments.

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