



# Dirty Girls Come Clean

*Crystal Renaud*

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*You are not alone.*

The sexual addictions of pornography and masturbation are not just men's issues. They're women's issues, too. Research shows that 25% of Christian women are addicted to pornography. But 70% of these women will never admit their struggle.

In *Dirty Girls Come Clean*, Crystal Renaud aims to change these statistics and help you gain freedom from sexual addiction.

## **Why This Book?**

So often, ministries and tools for overcoming these sexual addictions are more accessible to men than they are to women. Even if these ministries and tools were accessible to women, they may not be as effective in giving freedom because women turn to pornography for different reasons than men do.

Women need a resource crafted specifically for them.

## **A Trusted Source**

Crystal, founder of Dirty Girls Ministries and AACC certified counselor, comes clean first. Her story of addiction to pornography began when she was 10 years old and continued and intensified for eight years.

During this time of sexual addiction, Crystal deceived and withdrew. She came to know shame intimately, and she thought she was alone in her struggle.

After coming clean about her sexual addiction, Crystal also includes stories of other women who have come clean about theirs.

## **A Plan for Freedom**

Crystal is determined to help women come clean and, by God's grace and power, get free.

Addressing both the sexual addictions themselves as well as underlying issues that cause them, Crystal provides a plan for freedom using the acronym SCARS.

S-Surrender:

Trusting the Healer  
C-Confession: Out of the Darkness  
A-Accountability:  
Restoring Our Character  
R-Responsibility: Owning My Part of the Story  
S-Sharing:  
God Never Wastes an Experience

In addition to her plan for freedom from sexual addiction, Crystal provides other resources such as: personal inventories, the twelve steps of sexaholics anonymous, online accountability programs, other books, and links to recovery groups.

Join Crystal and many others who have claimed freedom from sexual addiction. Now is your time to come clean and be free.

*"With the recent release of Crystal's book Dirty Girls Come Clean women now have the tools they need to fight a battle that many assume only ensnares men.*

*I can only imagine what kind of hope and encouragement this book is going to offer women who have believed for years, decades, that they were the only ones struggling and there was no hope for them."*

-Book review  
by Marsha Fisher on porntopurity.com

### **An Excerpt from the First Chapter:**

This book is for you, the woman who feels alone in addiction to pornography. I don't believe in coincidences. This book is in your hands because God wants to speak some truth to you, and, for whatever reason, He's chosen to use this book to do so.

The dark cloud of this addiction is far-reaching. Pornography addiction knows no path other than one of destruction, isolation, and suffocation. Pornography addiction knows no creed. Pornography addiction knows no gender.

We are all sexual beings. If not, you and I would not be living on this earth. So to believe that pornography can only be a man's problem is not only false, but it is an ignorant lie that comes from the enemy.

The enemy, Satan, deceived Even in the garden of Eden by convincing her that if she ate the forbidden fruit, she would be like God. She in turn offered Adam the fruit, he took some, and as a result of their disobedience, they were expelled from the beautiful garden where they had enjoyed perfect fellowship with God. Satan's goal was to destroy. And the enemy has been trying to destroy women ever since.

From the first bite of forbidden fruit to pornography addiction, the enemy will use whatever he can to deceive us and keep us ineffective for use in the kingdom of God.

May you find comfort

in knowing that not only are you not alone in your struggle, but there is hope for breaking the stronghold of this addiction.

And that hope comes from Jesus.

I write this book from a Christian point of view because it is my personal belief that Jesus is the reason I stand free from pornography today. But as I said, pornography addiction knows no creed. Pornography affects everyone. So it is my hope that the steps provided throughout this book will be beneficial to all women, from all walks of life.

You were created for so much more than this life you've been living. Life is to be lived abundantly. It is time to come on out from behind the bushes.

Life is waiting.

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#### **Mary Ybarra:**

People live in this new morning of lifestyle always try to and must have the spare time or they will get great deal of stress from both everyday life and work. So , when we ask do people have spare time, we will say absolutely indeed. People is human not a robot. Then we question again, what kind of activity are there when the spare time coming to you of course your answer will probably unlimited right. Then do you ever try this one, reading publications. It can be your alternative throughout spending your spare time, the book you have read is definitely Dirty Girls Come Clean.

#### **Tammy Crider:**

Reading can called brain hangout, why? Because when you are reading a book specifically book entitled Dirty Girls Come Clean your thoughts will drift away trough every dimension, wandering in each and every aspect that maybe unknown for but surely might be your mind friends. Imaging just about every word written in a guide then become one web form conclusion and explanation in which maybe you never get previous to. The Dirty Girls Come Clean giving you yet another experience more than blown away your brain but also giving you useful facts for your better life in this particular era. So now let us explain to you the relaxing pattern here is your body and mind will be pleased when you are finished looking at it, like winning an activity. Do you want to try this extraordinary paying spare time activity?

#### **Jeremy Smith:**

In this period globalization it is important to someone to acquire information. The information will make you to definitely understand the condition of the world. The health of the world makes the information easier to share. You can find a lot of references to get information example: internet, paper, book, and soon. You can view that now, a lot of publisher in which print many kinds of book. The book that recommended for you is Dirty Girls Come Clean this guide consist a lot of the information of the condition of this world now. That book was represented how can the world has grown up. The language styles that writer use to explain it is easy to understand. The particular writer made some research when he makes this book. Honestly, that is why this book suited all of you.

#### **John Stanley:**

Is it an individual who having spare time after that spend it whole day by simply watching television programs or just laying on the bed? Do you need something new? This Dirty Girls Come Clean can be the respond to, oh how comes? The new book you know. You are so out of date, spending your time by reading in this completely new era is common not a nerd activity. So what these guides have than the others?

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