



# **Souls of My Young Sisters: Young Women Break Their Silence with Personal Stories That Will Change Your Life (Souls of My Sisters Book)**

*Dawn Marie Daniels, Candace Sandy*

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**A Souls of My Sisters Book**

No woman comes into this world with all the answers, but every woman can learn from her sisters.

In the *Essence*® #1 national bestseller *Souls of My Sisters*, strong, successful black women shared their unforgettable personal stories of faith, hope, and healing. Now, a dynamic new group of young sisters with hopes and dreams, fears and struggles, just like you, tells their stories of triumph over adversity for the generation coming up. . .

Being a young woman today means belonging to an ever expanding global community, filled with new opportunities--and complicated challenges. With change comes choices, and making the right ones isn't always easy. The journey can seem overwhelming--but you're not alone. Whether you're dealing with issues of self-esteem, dating, domestic violence, cyber stalking, or racial profiling, within these pages a diverse gathering of women, including entrepreneurs, activists, and entertainers, have words of wisdom, inspiration, and practical information for you. So if you're headed to college, in the midst of your quarter-life crisis, or getting your career or family started, look to your sisters and their heartwarming, sometimes heartbreaking, but always encouraging real-life stories.

"*Souls of My Sisters* let all women know it was okay to tell your story and now *Souls of My Young Sisters* helps young women struggling through life's challenges tell their stories and heal all of us. A must read for all women!" --Kyla Pratt, Actress

"If you can't reach a girlfriend to pour out your heart, read *Souls of My Sisters*. . .*Souls* is just the thing when you need an extra boost."--*Heart and Soul* magazine

**Dawn Marie Daniels** brings a spirited array of professional credentials to her role as editor of *Souls of My Sisters* books. She was the editorial force behind a number of award-winning authors, and has utilized her position and power as one of the book industry's premier editors to ensure that African American projects get the attention they deserve. Daniels has established a commanding presence in adult nonfiction with such books as *In the Meantime* and *One Day My Soul Just Opened Up*, both *New York Times* bestsellers by Iyanla Vanzant. She utilized her years of publishing experience to bring new talent to the surface and helped push them to the forefront of the publishing industry. Daniels' authors have been published by various imprints such as Prentice Hall Press, Fireside, Touchstone, S&S Aguilar, Scribner, Simon & Schuster, and Pocket Books.

**Candace Sandy** is the President of Candace Sandy Communications, a multimedia cooperative targeting women. For over ten years, Sandy has also served as the communications director for Chairman Congressman Gregory W. Meeks (D-NY) of the Sixth Congressional District, a member of the House Foreign Service and Financial Services Committees. In her capacity as communications director, Sandy has

managed both national and international media campaigns in countries that have included Africa, Canada, the Caribbean, China, Colombia, Cuba, Great Britain, India, Israel, Malaysia, Peru, and Venezuela. A frequent lecturer who has served on several high-profile political campaigns, Sandy has worked tirelessly on behalf of women's issues, including poverty, domestic violence, youth prostitution, anticrime, financial literacy, and reentry into New York City. Sandy is the former general manager of New York University radio station WNYU 89.1 FM. As a former Radio Advertising Bureau Mercury AD/LAB Fellow, Sandy covered the 1993 and 1997 Presidential Inaugurations and the 1996 Summer Olympics, and has conducted radio interviews with numerous celebrities, including Pam Grier, Stevie Wonder, and Will Smith.

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**From reader reviews:**

**Gerald Patton:**

Have you spare time for any day? What do you do when you have considerably more or little spare time? That's why, you can choose the suitable activity regarding spend your time. Any person spent their spare time to take a walk, shopping, or went to typically the Mall. How about open as well as read a book called Souls of My Young Sisters: Young Women Break Their Silence with Personal Stories That Will Change Your Life (Souls of My Sisters Book)? Maybe it is to become best activity for you. You recognize beside you can spend your time with the favorite's book, you can more intelligent than before. Do you agree with their opinion or you have additional opinion?

**Charles Powers:**

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**Cathy Lantz:**

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**Marcella Cook:**

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