



# Common Sense Guide to Health & Safety at Work (Common Sense Guides to Health and Safety)

*Subash Ludhra*

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- An essential and short guide for employees who need to know more about health and safety in the workplace without wanting to spend hours reading dozens of different documents. Whether it's for use alongside a training course or simply to brush up on your knowledge, it's perfect for equipping you with the principles of health and safety.

Friendly and accessible, this *Common Sense Guide* covers all the main aspects of health and safety in manageable chapters to provide you with the knowledge and understanding you need to look after yourself and others in the workplace. ?

- Suitable for the non-health and safety professional
- Includes questions at the end of each module to consolidate your health and safety knowledge
- Certificate offered to those who complete the exam at the end of the book and return to be marked externally.

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