



# **GLYX-Backen: Von Torte bis Pizza, Genuss ohne Reue. Die Alternativen zu Zucker und Weißmehl. (German Edition)**

*Marion Grillparzer*

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???Haben Sie sonntags Lust auf blitzschnelle Quarkbrötchen, unser supergesundes Eiweißbrot - frisch aus dem Ofen - oder ein knuspriges Roggen-Sauerteigbrot? Macht es Ihnen Spaß, Freunde zu Flammkuchen oder zur Pizza-Party einzuladen - oder Mama zu verblüffen mit Zucchinikuchen oder Joghurt-Torte? Knabbern Sie gerne Erdnuss-Cookies oder Käsetaler? Dann backen Sie selbst. Warum? Weil's frisch ist. Weil man weiß, was drin steckt. Weil es GLYX-niedrig schlank hält und gesund ist. Weil es schmeckt. Weil es Spaß macht und ein Liebesdienst ist an den Menschen, die es einem wert sind. Und unsere Rezepte passen bestimmt auch in Ihr Zeitbudget.

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