



Our Dance with God: Finding Prayer, Perspective and Meaning in the Stories of Our Lives

Karyn D. Kedar

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We live in two seemingly incompatible worlds—rational and spiritual.

How can we keep our balance?

Like the dolphin who exists in both water and air, so must we learn to live and thrive in two conflicting worlds—the rational, material, everyday craziness of life versus the still, spiritual soulfulness of our deepest selves. Balancing the two—difficult as it often can be—is the key to our spiritual survival.

Through poignant stories, spiritual teaching and insights, Karyn Kedar shares with us the ways we can integrate the everyday—family, work, personal challenges—with our quest for deeper spiritual understanding. She helps us to decode the three “languages” we must learn to weave the seemingly ordinary and extraordinary together:

Prayer—The path through which our souls connect with the Divine.

Perspective—How we define life’s twists and turns, and how our words and actions define the quality of our lives.

Meaning—The quest to understand and make sense of all that seems incompatible.

In graceful ways, Kedar shows us that by realizing the connection between the ordinary and the awe-inspiring, we can synchronize our hearts with the ways of the world and live with joy, a sense of calm and greater purpose.

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Playing with family in a very park, coming to see the water world or hanging out with buddies is thing that usually you might have done when you have spare time, subsequently why you don't try matter that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Our Dance with God: Finding Prayer, Perspective and Meaning in the Stories of Our Lives, you are able to enjoy both. It is very good combination right, you still need to miss it? What kind of hang-out type is it? Oh can happen its mind hangout people. What? Still don't understand it, oh come on its identified as reading friends.

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