



Judo, Tekwondo (Italian Edition)

David Goldblatt, Johnny Acton

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Questa pillola olimpica è dedicata alle due arti marziali in cui gli asiatici la fanno da padroni. Il judo è, per eccellenza, il duello riutilizzato che rappresenta l'anima giapponese, l'incarnazione della profonda tradizione di autodisciplina e perfezione tipica dei nipponici. Il takwondo è invece lo sport nazionale sud-coreano e, nonostante esista da soli 60 anni, vanta già circa 60 milioni di praticanti, tra cui l'attore americano Chuck Norris e la protagonista della serie televisiva Buffy l'ammazzavampiri. Scoprite le regole, gli eroi, i campioni, e gli inaspettati sfidanti (sul medagliere di recente ci sono state new entry curiose come l'Italia e la Francia) di due tra le più affascinanti discipline delle Olimpiadi. I tornei di judo si terranno all'Excel Arena tra il 28 luglio e il 3 agosto, quelli di taekwondo tra l'8 e l'11 agosto.

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