



Die Entdeckung der Geduld: Ausdauer schlägt Talent (German Edition)

Matthias Sutter

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Geduld ist eine Tugend, wenn auch eine scheinbar altmodische. Wer möchte heutzutage noch lange mit ungestillten Sehnsüchten und unerfüllten Wünschen leben?

Matthias Sutter, einer der führenden Wirtschaftsforscher im deutschsprachigen Raum, verhilft der vernachlässigten Qualität Geduld zu einem fulminanten Comeback. Seine eindrucksvollen und wissenschaftlich etablierten Studien führen zur überraschenden Erkenntnis: Geduld ist gleich viel wert wie Talent!

Anhand erstaunlicher Forschungsergebnisse zeigt Sutter, was wir mit mehr Beharrlichkeit im Leben alles erreichen können, welche Faktoren unsere Ausdauerfähigkeit entscheidend beeinflussen und wie wir unsere eigene Ungeduld und die unserer Kinder erfolgreich bändigen können. Denn eines steht fest: Wer sich heute noch in Geduld übt, wird schon morgen davon profitieren.

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