



Mental Health in Schools: Engaging Learners, Preventing Problems, and Improving Schools

Howard S. Adelman, Linda Taylor

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For many children, schools are the main or only providers of mental health services. In this visionary and comprehensive book, two nationally known experts describe a new approach to school-based mental health—one that better serves students, maximizes resources, and promotes academic performance. The authors describe how educators can effectively coordinate internal and external resources to support a healthy school environment and help at-risk students overcome barriers to learning. School leaders, psychologists, counselors, and policy makers will find essential guidance, including:

- An overview of the history and current state of school mental health programs, discussing major issues confronting the field
- Strategies for effective school-based initiatives, including addressing behavior issues, introducing classroom-based activities, and coordinating with community resources
- A call to action for higher-quality mental health programming across public schools—including how collaboration, research, and advocacy can make a difference

Gain the knowledge you need to develop or improve your school's mental health program to better serve both the academic and mental health needs of your students!

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