



# **The 21 Irrefutable Truths of Trading: A Trader's Guide to Developing a Mind to Win: A Trader's Guide to Developing a Mind to Win**

*John Hayden*

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**Strategies for traders to master the most important trading tool their minds.**

Psychology is 80% of the high-stakes trader's game. And within the mind of any successful trader exist surprisingly similar emotions and psychological beliefs. *The 21 Irrefutable Truths of Trading* introduces these values and beliefs, then explains how traders can and must work to understand and harness these beliefs, and gain the psychological edge necessary to win in today's all-or-nothing trading battlefield.

Divided into two parts, the first focusing on common strengths and weaknesses, the second on ways to enhance the strengths and control the weaknesses while trading, *The 21 Irrefutable Truths of Trading* introduces:

- Techniques to develop certainty, intuition, and discipline.
- Technical analysis and trading methodologies to trade more effectively.
- How to properly align trading with the movement of the market.

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