

The Baffled Parent's Guide to Great Baseball Drills (Baffled Parent's Guides)

Jim Garland



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Games-based drills to end tedium and make practices fun and productive

This handy reference is the solution to every youth baseball coach's worst nightmare: five minutes into an hour-long practice session and the players are bored, distracted, or just standing around. With nine diverse defensive positions plus batting and baserunning to think about, how can a coach keep all the players engaged and progressing at the same time? This coach's tool kit contains the answer. *Great Baseball Drills* is built around a unique games approach that keeps practices fresh and kids moving and excited. The drills are organized by skill level and position, and each teaches a specific skill or responds to a specific weakness.

Includes:

- A fun, original games approach to drilling 6- to 12-year-old players
- 125 simple, skill-building games that keep kids moving
- A troubleshooting chart that lets coaches easily match drills to problem areas

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