



# **Bag Ladies: Unpacked: Real Women who have Journeyed Beyond the Baggage of their Past**

*Kimberly A. Cullen, Rachel Renee Smith*

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Bag Ladies: Unpacked, a stage play by Kimberly A. Cullen, is an exhibit of women's life stories and the baggage we may carry spiritually and emotionally, from past and present crises to generational curses. It depicts how the baggage we carry can be the weight that prevents us from moving forward in life and growing in love. Eventually we start to unpack those emotions and insecurities on the ones closest to us, which inevitably becomes a burden that not only we carry, but that our loved ones are compelled to carry as well.

Our frustration and inability to change our past and present circumstances causes us to react emotionally irrational, settling for less than God's best. Being driven by loneliness and desire can lead to temporary fixes that leave us "addicted" and cause us to chase a high that can only be fulfilled by God's Love. Pain becomes the comfort. The silent whispers of God's divine intervention become faint and we miss the moment to move towards healing. Sometimes our misguided desires will cause us to take our attention off what's most important, causing the assassination of our plans, dreams, goals, even life itself.

In this book, we take a closer look at the main characters of Bag Ladies: Unpacked and witness various ways to overcome the issues that they represent by celebrating the stories of real women who have triumphed over loneliness, addiction, promiscuity, molestation, abuse, neglect, guilt, and depression.

Kier Ayers, Tina Bailey, Ebony Bell, Doretha Crews, Nicole Griggs, Ronda Henry, Kim Lewis, Desiree Monique, Rachel Renee Smith, Caela Strong, and Tamela Farrar have all shared their personal stories within these pages. It is interesting how many similar threads run through each of these unique accounts. It is amazing how you can perhaps see a little of yourself in each story. Most notably, you will see your own strength and realize that you don't have to prove it to anyone by carrying around all that extra weight. Unpack your bags and move forward in freedom with us!

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