



Self-Hatred in Psychoanalysis: Detoxifying the Persecutory Object

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The persecutory object is the element of the personality which attacks your confidence, productivity and acceptance to the point of no return. Persecuted patients torture themselves, hurt their loved ones and torment their therapists.

In this book, the authors deal with the tenacity of the persecutory object, integrating object relations and Kleinian theories in a way of working with persecutory states of mind. This is vividly illustrated in a variety of situations, including:

- individual, couple and group therapy
- serious paediatric illness
- working with persecutory aspects of family business.

It is argued that the persecutory object can be contained, modified, and in many cases detoxified by the process of skilful intensive psychotherapy and psychoanalysis. *Self Hatred in Psychoanalysis* will be invaluable to a variety of practitioners including psychoanalysts, psychotherapists, social workers, psychiatrists and mental health counsellors.

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