



Peaceful and Practical Parenting

Rick Gertsema

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Our children do not come to us with an instruction manual. However, in his book, *Peaceful and Practical Parenting*, Licensed Psychologist Rick Gertsema gives readers the useful and necessary information that such a manual might include. Highlighting areas of child development, stages of parenting, communication, and discipline via his extensive clinical experience with children and families, the manual takes shape and leaves readers with new, insightful, and practical ideas of how to parent. Through the family rules of love, respect, and honesty, all things are possible especially *Peaceful and Practical Parenting*. The author has taken a developmental approach to practical, strategic, solution-focused parenting... All parents and all clinicians working with families need this book! Peder H. Svingen, M.D. (Rick's) compassionate and humorous nature helps him connect with youth on a level of trust, building skills for life. His approach is simple, summed up in three words love, honesty, and respect. Wendylee Raun Program Manager, MNADOPT Rick Gertsema understands kids. He is realistic, insightful, and down to earth... [H]e helps children and their families heal. Patricia Burns, President, Miller-Dwan Foundation

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