



Southern Provisions: The Creation and Revival of a Cuisine

David S. Shields

[Download now](#)

[Click here](#) if your download doesn't start automatically

Southern Provisions: The Creation and Revival of a Cuisine

David S. Shields

Southern Provisions: The Creation and Revival of a Cuisine David S. Shields

Southern food is America's quintessential cuisine. From creamy grits to simmering pots of beans and greens, we think we know how these classic foods should taste. Yet the southern food we eat today tastes almost nothing like the dishes our ancestors enjoyed, because the varied crops and livestock that originally defined this cuisine have largely disappeared. Now a growing movement of chefs and farmers is seeking to change that by recovering the rich flavor and diversity of southern food. At the center of that movement is historian David S. Shields, who has spent over a decade researching early American agricultural and cooking practices. In *Southern Provisions*, he reveals how the true ingredients of southern cooking have been all but forgotten and how the lessons of its current restoration and recultivation can be applied to other regional foodways.

Shields's turf is the southern Lowcountry, from the peanut patches of Wilmington, North Carolina to the sugarcane fields of the Georgia Sea Islands and the citrus groves of Amelia Island, Florida. He takes us on a historical excursion to this region, drawing connections among plants, farms, growers, seed brokers, vendors, cooks, and consumers over time. Shields begins by looking at how professional chefs during the nineteenth century set standards of taste that elevated southern cooking to the level of cuisine. He then turns to the role of food markets in creating demand for ingredients and enabling conversation between producers and preparers. Next, his focus shifts to the field, showing how the key ingredients—rice, sugarcane, sorghum, benne, cottonseed, peanuts, and citrus—emerged and went on to play a significant role in commerce and consumption. Shields concludes with a look at the challenges of reclaiming both farming and cooking traditions.

From Carolina Gold rice to white flint corn, the ingredients of authentic southern cooking are returning to fields and dinner plates, and with Shields as our guide, we can satisfy our hunger both for the most flavorful regional dishes and their history.

 [Download Southern Provisions: The Creation and Revival of a ...pdf](#)

 [Read Online Southern Provisions: The Creation and Revival of ...pdf](#)

Download and Read Free Online Southern Provisions: The Creation and Revival of a Cuisine David S. Shields

From reader reviews:

Byron Jorgensen:

Now a day people that Living in the era where everything reachable by talk with the internet and the resources included can be true or not call for people to be aware of each details they get. How a lot more to be smart in receiving any information nowadays? Of course the answer is reading a book. Reading a book can help individuals out of this uncertainty Information particularly this Southern Provisions: The Creation and Revival of a Cuisine book because this book offers you rich information and knowledge. Of course the information in this book hundred % guarantees there is no doubt in it everbody knows.

Leslie Marcellus:

Do you have something that you prefer such as book? The e-book lovers usually prefer to pick book like comic, small story and the biggest an example may be novel. Now, why not attempting Southern Provisions: The Creation and Revival of a Cuisine that give your entertainment preference will be satisfied by simply reading this book. Reading routine all over the world can be said as the means for people to know world much better then how they react toward the world. It can't be explained constantly that reading routine only for the geeky particular person but for all of you who wants to become success person. So , for all of you who want to start reading as your good habit, it is possible to pick Southern Provisions: The Creation and Revival of a Cuisine become your current starter.

Lorraine Edler:

Do you really one of the book lovers? If so, do you ever feeling doubt while you are in the book store? Try and pick one book that you never know the inside because don't evaluate book by its include may doesn't work this is difficult job because you are frightened that the inside maybe not while fantastic as in the outside appearance likes. Maybe you answer may be Southern Provisions: The Creation and Revival of a Cuisine why because the excellent cover that make you consider concerning the content will not disappoint you actually. The inside or content is fantastic as the outside as well as cover. Your reading sixth sense will directly make suggestions to pick up this book.

Alissa Sowell:

Is it you who having spare time then spend it whole day by simply watching television programs or just resting on the bed? Do you need something totally new? This Southern Provisions: The Creation and Revival of a Cuisine can be the respond to, oh how comes? A fresh book you know. You are consequently out of date, spending your spare time by reading in this new era is common not a nerd activity. So what these guides have than the others?

Download and Read Online Southern Provisions: The Creation and Revival of a Cuisine David S. Shields #Y0MJKA163W8

Read Southern Provisions: The Creation and Revival of a Cuisine by David S. Shields for online ebook

Southern Provisions: The Creation and Revival of a Cuisine by David S. Shields Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Southern Provisions: The Creation and Revival of a Cuisine by David S. Shields books to read online.

Online Southern Provisions: The Creation and Revival of a Cuisine by David S. Shields ebook PDF download

Southern Provisions: The Creation and Revival of a Cuisine by David S. Shields Doc

Southern Provisions: The Creation and Revival of a Cuisine by David S. Shields Mobipocket

Southern Provisions: The Creation and Revival of a Cuisine by David S. Shields EPub