



Nurturing Natures: Attachment and Children's Emotional, Sociocultural and Brain Development

Graham Music

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This book provides an indispensable account of current understandings of children's emotional development. Integrating the latest research findings from areas such as attachment theory, neuroscience and developmental psychology, it weaves these into a readable and easy-to-digest text.

It provides a tour of the most significant influences on the developing child, always bearing in mind the family and social context. It looks at key developmental stages, from life in the womb to the pre-school years and right up until adolescence, whilst also examining how we develop key capacities such as language, play and memory. Issues of nature and nurture are addressed and the effects of different kinds of early experiences are unpicked, looking at both individual children and larger-scale longitudinal studies. Psychological ideas and research are carefully integrated with those from neurobiology and understandings from other cultures to create a coherent and balanced view of the developing child in context.

Nurturing Natures integrates a wide array of complex academic research from different disciplines to create a book that is not only highly readable but also scientifically trustworthy. Full of fascinating findings, it provides answers to many of the questions people really want to ask about the human journey from conception into adulthood.

Visit Graham Music's personal site at http://www.nurturingminds.co.uk/.



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