



## Verhaltenstherapiemanual (German Edition)

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# Verhaltenstherapiemanual (German Edition)

## Verhaltenstherapiemanual (German Edition)

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- 68 psycho- und verhaltenstherapeutische Methoden,
- 21 Einzel- und Gruppentherapieprogramme,
- 25 Behandlungsanleitungen für psychische und psychosomatische Störungen.

Einheitlich gegliedert und praxisnah liefert die Übersicht klare Entscheidungshilfen bei Indikation und Therapie. Der Band richtet sich an Psycho- und Verhaltenstherapeuten, Psychiater, Klinische Psychologen und Ausbildungskandidaten der Verhaltenstherapie.

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