



A Woman Who Trusts God: Finding the Peace You Long For

Debbie Alsdorf

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You can find the peace you long for

Our lives are filled with in-between times, those times when we are not quite where we would like to be (or where we thought we'd be). Dreams are on hold, prayers seem unanswered, and life can feel hard. During these times it can be difficult to see God in our situations and trust him with the future.

But one thing is certain, says Debbie Alsdorf: "God longs to give us his peace just as much as we long to receive it. And there is no joy in this world like a mind at peace." With empathy and wit, she guides you through the book of Philippians, encouraging you to lean on God, to live one day at a time, to rejoice and not to worry, and to give thanks to God in all circumstances of life. The discussion questions and study guide make this book perfect for individual or small group use.

If you yearn for confidence and peace, if you long to live fully in the moment in every season of life, *A Woman Who Trusts God* is your pathway to a new perspective.

"Debbie Alsdorf reminds all of us that living in 'the meantime' is only a chapter in our lives. We can choose to resist fear, practice contentment, forgive others, and enjoy a new kind of confidence. You'll want to take a group of friends through this transformational study. I highly recommend it!"--Carol Kent, speaker, author, *Between a Rock and a Grace Place*

"As a fellow recovering control freak, I find Debbie Alsdorf's common sense and biblical wisdom to be like stepping into a spa for the soul. If the road ahead seems unsure or difficult, or if you simply want a calmer, more peace-filled way to live, Debbie is the perfect guide for your journey to trust."--Pam Farrel, author, *10 Best Decisions a Woman Can Make* and *Men Are Like Waffles, Women Are Like Spaghetti*

Debbie Alsdorf is the author of *Deeper, A Different Kind of Wild*, and *The Faith Dare*. She is founder of Design4Living Ministries (www.design4living.org) and the popular Design4Living Conferences, writes the *Living Up* blog, and speaks to women's groups. She is a member of the American Association of Christian Counselors and has served in women's ministries for twenty-five years. Alsdorf lives in California.

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