



Minding the Edge: Strategies for a Fulfilling, Successful Career as an Actor

Carl Menninger, Lori Hammel

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Minding the Edge presents potent strategies—beyond what is taught in school—for “making it” in the entertainment industry. Written for readers embarking on an acting career, this practical, down-to-earth guide highlights the importance of running your business as an actor while committing to the craft of acting. The principle “if you seek fulfillment, success will come” is foundational to the authors’ sensible and sensitive advice on how to create a plan to cope with the volatility of an acting career. A series of interactive exercises and discussion questions motivate readers to explore personal feelings, understand present circumstances while preparing for future ones, and maintain a positive mental approach to the business. Quotations from professional actors, writers, directors, and others in the field, as well as anecdotes from the authors’ own lives, reinforce essential concepts in the book, inspire readers to be proactive, and cultivate a positive mental approach to achieving fulfillment and success.

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