



# La escritura terapéutica (Guías del escritor) (Spanish Edition)

*Silvia Adela Kohan*

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*La escritura terapéutica* está dirigido a los que quieran vivir a fondo los poderes liberadores, analgésicos y reconstituyentes de la escritura, a psicólogos, terapeutas, coordinadores de talleres de escritura, profesores, y a escritores tanto principiantes como experimentados.

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Contiene dos partes conectadas íntimamente entre sí:

1. El diván y la pluma (Escribir para vivir mejor).
2. Los procesos del escritor (Escribir para la creación literaria).

Incluye un anexo sobre lectoterapia y cineterapia.

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**Silvia Adela Kohan**, filóloga y logopeda, ha introducido con Grafein los talleres de escritura creativa en España y ha publicado, entre otros, *Cómo escribir una novela*, *Cómo escribir poesía*, *Escribir sobre uno mismo*, *Los secretos de la creatividad*, *Puntuación para escritores y no escritores*, *Taller de escritura: el método*, *Gramática para escritores y no escritores*, *Taller de lectura: el método*, *La trama del cuento y la novela*, *La escritura como búsqueda*, *La acción en la narrativa*, *Escribir para niños*, *El tiempo en la narración*, *Cómo narrar una historia*, *Cómo escribir diálogos* y *Para escribir una novela*, todos ellos publicados en Alba.

Imparte talleres de escritura creativa, seminarios sobre el relato del caso clínico para psicólogos y el método de taller para educadores, a nivel nacional e internacional.

Ha ganado el premio de novela Delta con *Un año de mi vida* y el Rulfo de cuento con “Este no es un asunto más para nosotras”.

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