



Aromatherapy (Collins Gem)

Lucinda Deacon-Davis

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A practical introduction to the therapeutic effects of essential oils and their use in skin and body care.

This Gem, with a range of practical instructions and clear description of the range of therapeutic effects of essential oils, provides an introduction of aromatherapy for all those who wish to become more informed. With a large number of illustrations, this guide provides a practical, approachable introduction to Aromatherapy.

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